

THE UTAH SCALE ON SERIOUS MENTAL ILLNESS (SMI) including Substance Use Disorders (SUD):

(FOR USE WITH ADULTS)

SERIOUS MENTAL ILLNESS (SMI) including SUD: *Substance Abuse and Mental Health clients must meet the following criteria:*

- ☐ **DIAGNOSIS:** Meets criteria for an ICD/DSM diagnosis of mental illness and/or SUD (but not including solely organic brain or developmental disorders).

Must also meet two of the following (check all that apply):

- ☐ **MEDICATION:** Receives psychoactive medication as part of treatment for a mental illness or substance use disorder.
- ☐ **DEPENDENCY:** Inability to independently perform activities of daily living in at least one of the following: (1) food purchase and preparation, (2) personal hygiene, (3) transportation, (4) financial management, (5) living arrangement, (6) leisure management, (7) medication management, (8) illness management, or (9) major life roles management (parenting, education, etc.).
- ☐ **PRODUCTIVITY PROBLEM:** Is either (1) marginally employed and would be unable to be employed without behavioral health services, (2) employed in a supportive/transitional/sheltered setting, (3) unemployable, (4) receives specialized school or other services, or (5) receives legal management (recurrent legal issues related to behavioral health issues).
- ☐ **SOCIAL ISOLATION:** Is socially isolated or lacks healthy social support systems and/or may use behavioral health system for social exchange.
- ☐ **PUBLIC ASSISTANCE:** Receives public assistance to meet basic needs.
- ☐ **SYMPTOM REMISSION:** Symptoms are in remission, but the patient's condition could seriously deteriorate without continued behavioral health treatment and/or support.

☐ Yes ☐ No Check yes if the criteria are met for SMI including SUD (NOTE: Assessment must sufficiently document the items checked).

Signature: _____

Member of the Treatment Team

Date: _____